



International Tennis Camp at the CHAMPIONS BOWL Finals 2016

With great pleasure, we inform you about the upcoming CHAMPIONS BOWL / ITP tennis camp, which will take place 30.10. – 6.11. 2016, at the La Manga Club Resort, in Murcia, Spain.

CHAMPIONS BOWL / ITP camp will be run by experienced and internationally renowned coaches. It will provide players opportunity to learn and improve their skills through intensive, practice-oriented training. Set in an international atmosphere, with very personal and social experience; allowing players to socialize, while training hard.

Dates:

30.10. – 6.11. 2016

Ages & level:

9-12 years / YoB 2004 – 2007 (Tournament level players only)

Max number of players:

64

Min number of players:

15 - ONLINE REGISTRATION DEADLINE 30.9.2016 - We will let you know on 1.10. 2016 if we have enough players registered!

Schedule / Program:

- Arrival: 30.10. 2016
- Tennis camp: 31.10. – 5.11. 2016
- Departure: 6.11. 2016

Price:

Tennis camp	365. - €
Hotel (all Inclusive) + transfer	see online booking

Price for U9 national CB winners:

Tennis camp	180. - €
Hotel (all Inclusive) + transfer	see online booking

PACKAGE INCLUDES:

- Opening & closing ceremony
- Tournament + Resort activities
- Tennis education



- All activities with the tournament participants

Our Tennis Camp Program includes:

- Min. 4 hours of tennis training daily (training program can vary)
- Practice matches / mini friendly tournament
- Sports psychology, individual testing and enhancement tips
- Fitness, conditioning and agility
- High intensity drills
- Match preparation and play
- Encouraging sports spirit
- Preparation for professional play

Individualized Program:

- Program designed to improve all aspects of the individual's game both, on & off court
- Sports psychology, conditioning and nutrition

Professional Tennis Coaching:

- Intensive technique and tactical training
- Recognition and improvement of strengths/weakness
- Education of "self correction" and "self motivation"
- Special drills designed for better concentration and decision making
- Practicing playing patterns against different opponents/game-situations
- Sparring matches
- Tennis specific fitness training
- On-court: tactical training, adjusting to different playing environments
- Off-court "tennis talk" between coach and a player (strategy, attitude, emotions, respect, competition)

Match Analysis:

Personal statistical analysis of player's tennis match; providing necessary aid for improving on-court performance

Recognition of player's actual "present performance" and providing necessary pathway towards optimal "future performance"

Psychological Training:

Goal: to achieve "winner state of mind" and in turn maximize child's performance. Tips for maintaining positive attitude, emotional stability, managing on & off court stress, becoming a better competitor, improving concentration and making right decisions. **The program includes personal assessment, goal setting, regular training check-ups and cross training.**



AUTHORIZATIONS AND CONSENT of the Tennis Camp

With your [online registration](#) you have to accept following points:

- 1. Permission to use photographs:** I give permission to CHAMPIONS BOWL / International Tennis Programs (CB / ITP) for use of camp pictures of my child for future promotional purposes.
- 2. Medical treatment:** I hereby give permission for my child to be given cardiopulmonary resuscitation (CPR) and first aid treatment by qualified CB / ITP staff member. In the event I cannot be contacted, I also give permission for my child to be transported an appropriate emergency center for treatment. Furthermore, I give consent for disclosure of health information to the medical, surgical and hospital care treatment and procedures (including, but not limited to, administration of necessary anesthetics, tests, x-rays examinations, transfusions, injections or administering of necessary medication) to be performed on my child by licensed physician at the hospital selected by CB / ITP director, when deemed immediately necessary or advisable by the physician to safeguard my child's health.
- 3. Release from Liability:** I understand that accidents may occur, both from my child's participation in CB / ITP activities and from transportation to and from the tennis site. I agree to accept possibility of these risks occurring, and release CB / ITP and its employees, volunteers, independent contractors, directors and agents from all liability for any damages, loss or injury whether it is the result of ordinary negligence or otherwise, caused to my child or to me, from participation in the CB / ITP professional tennis training program.
- 4. Declaration:** *I have read and understood the above and have completed this form to the best of my ability. I give full support to CB / ITP, which intends to provide fun, competition-based environment, healthy physical fitness, skills development, teamwork and fair play. I, as a guardian, will take full responsibility of the child participating in the event, recognizing that CB / ITP will do its best to ensure safe experience.*